

## Who is Eligible?

Individuals with mental retardation or developmental disabilities who meet the requirements for residence in an Intermediate Care Facility for Persons with Mental Retardation (ICF/MR), or other related conditions and who meet other Medicaid requirements.

## How can I find out more about SCL?

Contact a Community Mental Health/Mental Retardation Center or other SCL provider in your area. You may obtain a list of SCL providers by calling (502) 564-7702 or by visiting the Supports for Community Living website at <http://mhmr.ky.gov/kdmhmrs/>

## Consumer Directed Option

The Consumer Directed Option gives SCL Participants more choices in the way some of their services are provided. For more information contact the Department for Aging and Independent Living at (877) 293-7447.



**Kentucky Department for  
Mental Health,  
Developmental Disabilities,  
and Addiction Services**



**SCL Waiver Branch**

100 Fair Oaks Lane, 4W-C  
Frankfort, KY 40621

Phone: 502-564-7702

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Division of Mental  
Retardation

## Supports for Community Living (SCL)



SCL Waiver Branch

Telephone (502) 564-7702

## What supports and services are available?

SCL offers the following supports and services based on individualized needs.

### Assessment/Reassessment

#### Case Management

The person who helps the individual and his/her family to develop a plan to meet the individual's needs is called the case manager.

#### Residential Supports

Options include: a family home, staffed residence (a small individualized home), adult foster care, or a group home. Residential Supports provide twenty-four (24) hour supervision, and training in activities such as laundry, routine household care, self-care, shopping, money management, socialization, and leisure activities.

#### Adult Day Training and Children's Day Habilitation

Provides training usually during the day, in a place other than home. This training can include learning how to use money, using community resources, and learning how to communicate better, or how to get along with others.

#### Supported Employment

Pays for a staff person to support the individual in getting and keeping a job.



### Community Living Supports

Training or assistance to an individual who does not receive SCL residential supports.

#### Behavior Supports

Behavior Supports are ways to enable individuals to make changes in their lives or environment.

#### Psychological Services

The administration of psychological testing for diagnosis, evaluation and treatment. Individuals who have co-occurring disorders may need this service to coordinate treatment for mental illness and psychological conditions.

#### Occupational Therapy

The therapeutic use of self-care, work, and play activities to increase and enhance development. This service is provided by a licensed professional.

#### Physical Therapy

Used to prevent, correct or minimize physical limitations, to alleviate pain, and to improve functional ability. This service is provided by a licensed professional.

#### Speech Therapy

Assists an individual in improving communication and is provided by a licensed professional.

#### Respite

This support offers rest or relief for those persons normally caring for an individual. This service is available to an individual living in a family care home, adult foster care home, or his/her family's home

#### Specialized Medical Equipment and Supplies

May be covered when unavailable through the Medicaid Durable Medical Equipment, Vision, or Dental Programs.

## What do I do to receive these supports and services?

The first step is to complete an application form for SCL services (MAP-620). You may obtain an application by calling a Community Mental Health/Mental Retardation Center or another SCL provider in your area, by printing a copy from the Supports for Community Living website at <http://mhmr.ky.gov/kdmhmrs/> or by calling (502) 564-7702. There is currently a waiting list for services and supports.

## Providers

SCL providers include Community Mental Health/Mental Retardation centers and public and private agencies across the state. These providers are certified by the Department for Mental Health, Developmental Disabilities, and Addiction Services. A complete listing can be found on the Supports for Community Living website at <http://mhmr.ky.gov/kdmhmrs/>.



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